

“MY GOD-GIVEN PERSONALITY”

1. Sanguine - POPULAR

In associations - EXTROVERT

In activity - TALKER

In attitude - OPTIMISTIC

Sanguines tend to:

- Deal with people enthusiastically.
- Communicate with excitement.
- Thrive in up-front positions.
- Talk first, think later.
- Need constant praise.
- Love new toys.
- Enjoy their own fun.

Biblical Example - PETER

2. Melancholy - PERFECTIONIST

In associations - INTROVERT

In activity - THINKER

In attitude - PESSIMISTIC

Melancholies tend to:

- Keep detailed records.
- Analyze problems too difficult for others.
- Be deep thinkers.
- Get hurt easily.
- Experience depression.
- Need peace and quiet.

Biblical Example - MOSES

3. Choleric - POWERFUL

In associations - **EXTROVERT**

In activity - **DOER**

In attitude - **OPTIMISTIC**

Cholerics tend to:

- Make quick decisions.
- Take quick action.
- Be strong leaders.
- Carry on one - way conversations.
- Are not trying to be mean.
- Ignore compassion.

Biblical Example - **PAUL**

4. Phlegmatics - PEACEFUL

In associations - **INTROVERT**

In activity - **WATCHER**

In attitude - **PESSIMISTIC**

Phlegmatics tend to:

- Value peace.
- Be calming influences.
- Thrive in jobs that others consider mundane.
- Put things off.
- Dislike making decisions.
- Need others to direct them.

Biblical Example -**ABRAHAM**

PERSONALITY CHARACTERISTICS

Remember that not all of these lists apply to you. Ask God to show you which of these strengths and weaknesses apply to you. Ask God to maximize those strengths and minimize the weaknesses.

**PERSONALITY POTENTIAL - Sanguine
The Extrovert * The Talker * The Optimist**

Strengths:

THE SANGUINE'S EMOTIONS
Appealing personality
Talkative, storyteller
Life of the party
Good sense of humor
Memory for color
Physically holds on to listener
Emotional and demonstrative
Enthusiastic and expressive
Cheerful and bubbling over
Curious
Good on stage
Wide-eyed and innocent
Lives in the present
Changeable disposition
Sincere at heart
Always a child

THE SANGUINE AS A PARENT
Makes home fun
Is liked by children's friends
Turns disaster into humor
Is the circus master

THE SANGUINE AT WORK
Volunteers for jobs
Thinks up new activities
Looks great on the surface
Creative and colorful
Has energy and enthusiasm
Starts in a flashy way
Inspires others to join
Charms others to work

THE SANGUINE AS A FRIEND
Makes friends easily
Loves people
Thrives on compliments
Seems exciting
Envied by others
Doesn't hold grudges
Apologizes quickly
Prevents dull moments
Likes spontaneous activities

Weaknesses:

THE SANGUINE'S EMOTIONS
Compulsive talker
Exaggerates and elaborates
Dwells on trivia
Can't remember names
Scares others off
Too happy for some
Has restless energy
Egotistical
Blusters and complains
Naïve, gets taken in
Has loud voice and laugh
Controlled by circumstances
Gets angry easily
Seems phony to some
Never grows up

THE SANGUINE AS A PARENT
Keeps home in a frenzy
Forgets children's appointments
Disorganized
Doesn't listen to the whole story

THE SANGUINE AT WORK
Would rather talk
Forgets obligations
Doesn't follow through
Confidence fades fast
Undisciplined
Priorities out of order
Decides by feelings
Easily distracted
Wastes time talking

THE SANGUINE AS A FRIEND
Hates to be alone
Needs to be center stage
Wants to be popular
Looks for credit
Dominates conversations
Interrupts and doesn't listen
Answers for others
Fickle and forgetful
Makes excuses
Repeats stories

PERSONALITY POTENTIAL

Melancholy

The Introvert * The Thinker * The Pessimist

Strengths:

THE MELANCHOLY'S EMOTIONS
Deep and thoughtful
Analytical
Serious and purposeful
Genius prone
Talented and creative
Artistic or musical
Philosophical and poetic
Appreciative of beauty
Sensitive to others
Self-sacrificing
Conscientious
Idealistic

THE MELANCHOLY AS A PARENT
Sets high standards
Wants everything done right
Keeps home in good order
Picks up after children
Sacrifices own will for others
Encourages scholarship and talent

THE MELANCHOLY AT WORK
Schedule oriented
Perfectionist, high standards
Detail conscious
Persistent and thorough
Orderly and organized
Neat and tidy
Economical
Sees the problems
Finds creative solutions
Needs to finish what he starts
Likes charts, graphs, figures, lists

THE MELANCHOLY AS A FRIEND
Makes friends cautiously
Content to stay in background
Avoids causing attention
Faithful and devoted
Will listen to complaints
Can solve other's problems
Deep concern for other people
Moved to tears with compassion
Seeks ideal mate

Weaknesses:

THE MELANCHOLY'S EMOTIONS
Remembers the negatives
Moody and depressed
Enjoys being hurt
Has false humility
Off in another world
Low self-image
Has selective hearing
Self-centered
Too introspective
Guilt feelings
Persecution complex
Tends to hypochondria

THE MELANCHOLY AS A PARENT
Puts goals beyond reach
May discourage children
May be too meticulous
Becomes martyr
Sulks over disagreements
Puts guilt upon children

THE MELANCHOLY AT WORK
Not people oriented
Depressed over imperfections
Chooses difficult work
Hesitant to start projects
Spends too much time planning
Prefers analysis to work
Self-deprecating
Hard to please
Standards often too high
Deep need for approval

THE MELANCHOLY AS A FRIEND
Lives through others
Insecure socially
Withdrawn and remote
Critical of others
Holds back affection
Dislikes those in opposition
Suspicious of people
Antagonistic and vengeful
Unforgiving
Full of Contradictions
Skeptical of compliments

PERSONALITY POTENTIAL

Choleric

The Extrovert * The Doer * The Optimist

Strengths:

THE CHOLERIC'S EMOTIONS
Born leader
Dynamic and active
Compulsive need for change
Must correct wrongs
Strong-willed and decisive
Unemotional
Not easily discouraged
Independent and self-sufficient
Exudes confidence
Can run anything

THE CHOLERIC AT WORK
Goal oriented
Sees the whole picture
Organizes well
Seeks practical solutions
Moves quickly to action
Delegates work
Insists on production
Makes the goal
Stimulates activity
Thrives on opposition

THE CHOLERIC AS A PARENT
Exerts sound leadership
Establishes goals
Motivates family to action
Knows the right answer
Organizes household

THE CHOLERIC AS A FRIEND
Has little need for friends
Will work for group activity
Will lead and organize
Is usually right
Excels in emergencies

Weaknesses:

THE CHOLERIC'S EMOTIONS
Bossy
Impatient
Quick-tempered
Can't relax
Too impetuous
Enjoys controversy and arguments
Won't give up when losing
Comes on too strong
Inflexible
Is not complimentary
Dislikes tears and emotions
Is unsympathetic

THE CHOLERIC AT WORK
Little tolerance for mistakes
Doesn't analyze details
Bored by trivia
May make rash decisions
May be rude or tactless
Manipulates people
Demanding of others
End justifies the means
Work may become his god
Demands loyalty in the ranks

THE CHOLERIC AS A PARENT
Tends to over-dominate
Too busy for family
Gives answers too quickly
Impatient with poor performance
Won't let children relax
May send them into depression

THE CHOLERIC AS A FRIEND
Tends to use people
Dominates others
Decides for others
Knows everything
Can do everything better
Is too independent
Possessive of friends and mate
Can't say, "I'm sorry"
May be right, but unpopular

PERSONALITY POTENTIAL

Phlegmatic

The Introvert * The Watcher * The Pessimist

Strengths:

THE PHLEGMATIC'S EMOTIONS
Low-key personality
Easy going and relaxed
Calm, cool and collected
Patient, well balanced
Consistent life
Quiet but witty
Sympathetic and kind
Keeps emotions hidden
Happily reconciled to life
All-purpose person
THE PHLEGMATIC AS A PARENT
Makes a good parent
Takes time for the children
Is not in a hurry
Can take the good with the bad
Doesn't get upset easily

THE PHLEGMATIC AT WORK
Competent and steady
Peaceful and agreeable
Has administrative ability
Mediates problems
Avoids conflicts
Good under pressure
Finds the easy way
THE PHLEGMATIC AS A FRIEND
Easy to get along with
Pleasant and enjoyable
Inoffensive
Good listener
Dry sense of humor
Enjoys watching people
Has many friends
Has compassion and concern

Weaknesses:

THE PHLEGMATIC'S EMOTIONS
Unenthusiastic
Fearful and worried
Indecisive
Avoids responsibility
Quiet will of iron
Selfish
Too shy and reticent
Too compromising
Self-righteous
THE PHLEGMATIC AS A PARENT
Lax on discipline
Doesn't organize home
Takes life too easy

THE PHLEGMATIC AT WORK
Not goal oriented
Lacks self-motivation
Hard to get moving
Resents being pushed
Lazy and careless
Discourages others
Would rather watch
THE PHLEGMATIC AS A FRIEND
Dampens enthusiasm
Stays uninvolved
Is not exciting
Indifferent to plans
Judges others
Sarcastic and teasing
Resists change